

# 乳癌手術治療 準則暨共識

2022年版

主編及發行：台灣乳房腫瘤手術暨重建醫學會

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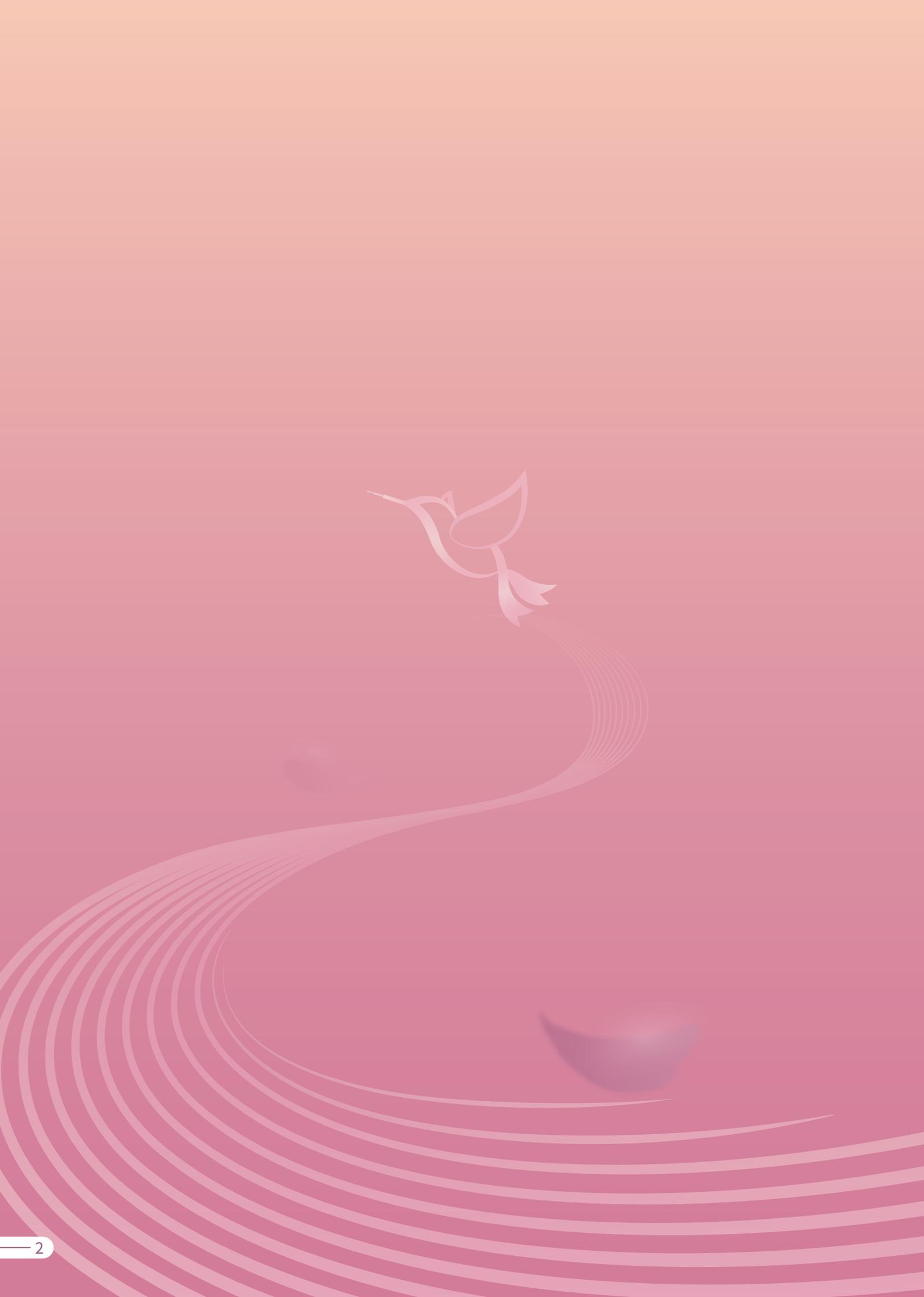
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# 前言

乳癌發生率逐年上升，年輕女性乳癌比例居高不下，乳癌各種輔助性治療日新月異，且乳癌手術方法與時俱進，已非單純的全切除或部分切除而已。乳癌手術，因手術方式的改良(部分切除加入微整形概念，全切除加入乳頭乳暈保留，內視鏡或機器手臂輔助手術，前哨淋巴手術及非手術消融，及先期性治療)，而大大改變手術的適應症及方法。本學會也順應時勢在2017年結合乳房外科醫師、整形外科醫師及影像診斷、放射治療各專科而成立，專注於各種手術的精進、標準化及化學治療後外科手術的改變。

學會歷經5年的成長，專科醫師的雛型正建立中，因此各種手術的標準化、手術品質的提昇及認證工作，也刻不容緩。援此，學會也推動各種乳房手術的標準化並建立共識，期能提昇乳房手術的照護品質。

而現今乳房腫瘤的手術，雖然結合微整形、人工智慧及機器手臂而有更多的創新方法，但也應該在不傷害，減少低效益手術的原則下進行。有鑑於此，由創會陳訓徹理事長發思構想，第二任陳達人理事長的大力支持下，終在本屆的折衝努力並將整形外科醫師納入共識會議中，終於完成任務付梓。此一共識，先藉由各章節起稿人提出各項標準及意見整合後，由專家(召集人)審定投票，再由所有會員投票，而達成的各項標準及共識，不僅提昇全國乳房外科手術的品質，並可提供學會、醫院做為教材及學員參考，也可提供學會、醫策會制定認證標準之參考，更可凝聚會員向心力，共同為品質提昇、病人福祉無私奉獻。

此一手術標準及共識，已完成初稿，但假以時日，會有更新的術式及標準被提出，屆時再整合大家的意見做修改。另，此一共識僅提供乳房外科醫師參考，不可作為訴訟之用。

台灣乳房腫瘤手術暨重建醫學會  
理事長 鄭翠芬謹識

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共識會執行秘書長	周旭桓

# 實證醫學等級，牛津實證醫學中心版本

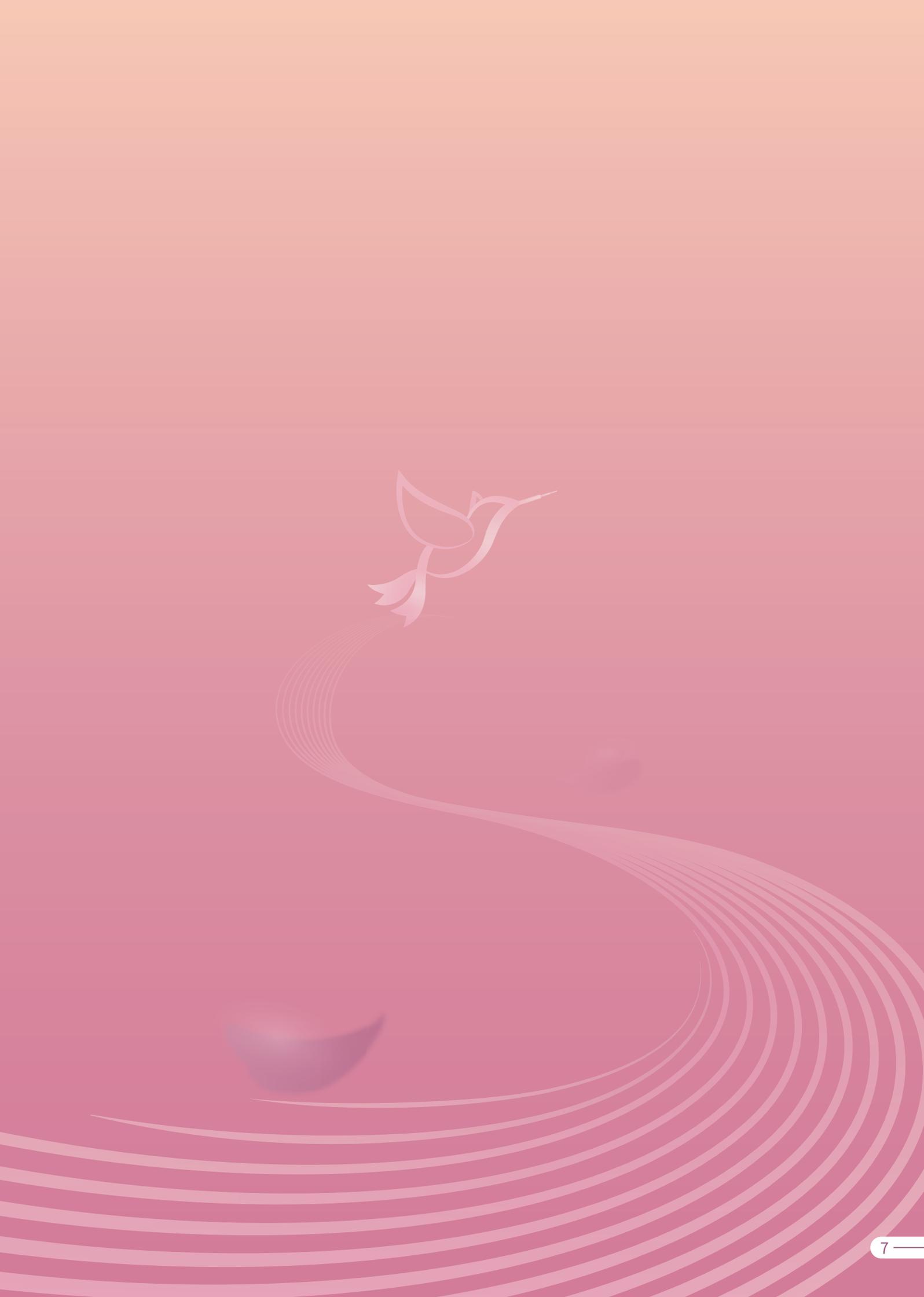
## (Oxford Levels of Evidence, LoE)

LOE	Therapy/prevention, aetiology/harm	Prognosis
1a	Systematic review (with homogeneity) of randomised controlled trials	Systematic review (with homogeneity) of inception cohort studies; clinical decision rule validated in different populations
1b	Individual randomised controlled trials (with narrow confidence interval)	Individual inception cohort study with $\geq 80\%$ follow-up; clinical decision rule validated in a single population
1c	All or none	All or none case-series
2a	Systematic review (with homogeneity) of cohort studies	Systematic review (with homogeneity) of either retrospective cohort studies or untreated control groups in randomised controlled trials
2b	Individual cohort study (including low quality randomised controlled trials; e.g., $< 80\%$ follow-up)	Retrospective cohort study or follow-up of untreated control patients in a randomised controlled trial; derivation of clinical decision rule or validated on split-sample only
2c	“Outcomes” research; ecological studies	“Outcomes” research
3a	Systematic review (with homogeneity) of case-control studies	
3b	Individual case-control study	
4	Case series (and poor-quality cohort and case-control studies)	Case series (and poor-quality prognostic cohort studies)
5	Expert opinion without explicit critical appraisal, or based on physiology, bench research or “first principles”	Expert opinion without explicit critical appraisal, or based on physiology, bench research or “first principles”

## 建議等級，AGO版本 (Levels of Recommendation)

++	This examination or therapeutic intervention is of great benefit to the patient, can be unreservedly recommended and should be carried out.
+	This examination or therapeutic intervention is of limited benefit to the patient and may be carried out.
+/-	This examination or therapeutic intervention has not shown any benefits to date and may be carried out in individual cases. It is not possible to give a clear recommendation based on the current data.
-	This examination or therapeutic intervention may be detrimental to the patient and should rather not be carried out.
--	This examination or therapeutic intervention is detrimental and should be avoided or omitted in all cases.





# I. 乳房保留手術

## (Partial mastectomy)

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>I.1 Pre-operative</b>					
<b>I.1.1.</b> Multidisciplinary team approach (including radiology, radiation oncology, pathology, medical and surgery) is mandatory.	2b	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 95% Disagree: 3% No comment: 2% Abstain: 0%	1
<b>I.1.2.</b> Breast MRI is not recommended for routine preoperative assessment.	2b	++	Agree: 79% Disagree: 17% No comment: 4% Abstain: 0%	Agree: 83% Disagree: 13% No comment: 3% Abstain: 0%	12,13
<b>I.1.3.</b> Breast conserving surgery is the preferred choice of breast cancer surgery, if not otherwise contraindicated.	2b	++	Agree: 81% Disagree: 4% No comment: 15% Abstain: 0%	Agree: 95% Disagree: 3% No comment: 2% Abstain: 0%	2
<b>I.1.4.</b> Tissue proof by core needle biopsy or other minimally invasive breast biopsy is required. Excisional biopsy is not suggested.	5	++	Agree: 93% Disagree: 0% No comment: 7% Abstain: 0%	Agree: 81% Disagree: 10% No comment: 8% Abstain: 0%	
<b>I.1.5.</b> Breast image study (mammography and ultrasound) is mandatory for preoperative evaluation, and sometimes for intraoperative localization.	2b	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	3
<b>I.1.6.</b> Preoperative localization with dye or other methods for non-palpable lesion by ultrasound or mammography is mandatory.	5	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 97% Disagree: 2% No comment: 2% Abstain: 0%	4
<b>I.1.7.</b> Indications for adjuvant radiotherapy should be evaluated and discuss with patient.	5	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 97% Disagree: 0% No comment: 3% Abstain: 0%	5

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>I.1.8.</b> Volume measurement of breast and tumor will help in oncoplastic assessment.	5	+	Agree: 89% Disagree: 0% No comment: 7% Abstain: 4%	Agree: 85% Disagree: 3% No comment: 10% Abstain: 2%	6
<b>I.2 Intraoperation</b>					
<b>I.2.1.</b> For tumor close or adherent to skin, excision of overlying skin is appropriate and for deep-seat tumor, the fascia should be removed.	5	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 98% Disagree: 2% No comment: 0% Abstain: 0%	7
<b>I.2.2.</b> After appropriate preoperative evaluation, If excisions carried from the subdermal plane to the pectoral fascia, re-excision for a positive anterior (superficial) or posterior (deep) margin is not routinely required.	2b	++	Agree: 96% Disagree: 4% No comment: 0% Abstain: 0%	Agree: 78% Disagree: 12% No comment: 9% Abstain: 1%	8
<b>I.2.3.</b> Clipped the resection cavity margin is recommended, especially for complex oncoplastic procedure.	3a	++	Agree: 92% Disagree: 0% No comment: 8% Abstain: 0%	Agree: 95% Disagree: 3% No comment: 2% Abstain: 0%	9
<b>I.2.4.</b> Intraoperative pathological assessment of margin may help to reduce re-excision rate.	3a	+	Agree: 86% Disagree: 4% No comment: 11% Abstain: 0%	Agree: 54% Disagree: 31% No comment: 14% Abstain: 2%	10
<b>I.2.5.</b> Specimen mammogram/ultrasound helps to reduce re-excision rate and specimen orientation should be standardized.	2b	++	Agree: 81% Disagree: 0% No comment: 15% Abstain: 4%	Agree: 89% Disagree: 3% No comment: 8% Abstain: 0%	11,14
<b>I.2.6.</b> Prophylactic antibiotics may be indicated before surgery.	1a	++	Agree: 72% Disagree: 20% No comment: 8% Abstain: 0%	Agree: 82% Disagree: 12% No comment: 4% Abstain: 1%	15,16

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
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### I.3 Postoperative surveillance

<b>I.3.1.</b> Post-operative compression dressing should be properly performed to prevent seroma formation.	5	+	Agree: 83% Disagree: 0% No comment: 17% Abstain: 0%	Agree: 65% Disagree: 3% No comment: 32% Abstain: 0%	
<b>I.3.2.</b> Evaluation of cosmetic results and quality of life are recommended in postoperative surveillance.	5	+	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 90% Disagree: 0% No comment: 10% Abstain: 0%	

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## II. 乳房保留合併整形手術 (Oncoplasty breast surgery)

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>II.1 Intraoperative oncoplasty (TOPBS section)</b>					
<b>II.1.1.</b> Oncoplastic breast conserving surgery should be recommended versus standard breast conserving surgery for the treatment of operable breast cancer in adult women who are suitable candidates for breast conserving surgery.	2a	++	Agree: 92% Disagree: 0% No comment: 8% Abstain: 0%	Agree: 86% Disagree: 7% No comment: 7% Abstain: 0%	1,2,3,4
<b>II.1.2.</b> Re-shaping technique should be required for every breast surgeon.	1b	++	Agree: 75% Disagree: 7% No comment: 18% Abstain: 0%	Agree: 80% Disagree: 11% No comment: 8% Abstain: 0%	5,6,7
<b>II.1.3.</b> Considerations for OPBS should include excision volume, tumor location, breast size and breast density.	3a	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 98% Disagree: 0% No comment: 2% Abstain: 0%	6,8,9,10
<b>II.1.4.</b> Oncoplastic technique variation and basic requirement of oncoplastic techniques (including Donuts, crescent, batwing/hemi-bat wing, and tennis racket mammoplasty) are the basic requirement for oncoplastic breast surgeon.	3a	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 79% Disagree: 2% No comment: 19% Abstain: 0%	11
<b>II.1.5.</b> When performing OPBS, clips should be used to mark the margin of tumor cavity for post-operative RT before re-shaping procedure.	2b	++	Agree: 89% Disagree: 0% No comment: 11% Abstain: 0%	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	12,13

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
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### I.3 Postoperative surveillance

<p><b>II.1.6.</b> Placing biomaterial or collagen fiber into post-surgical cavity or axillary fossa is not routinely recommended at present because of loss of strong evidence.</p>	4	+/-	Agree: 57% Disagree: 21% No comment: 21% Abstain: 0%	Agree: 45% Disagree: 33% No comment: 21% Abstain: 2%	14,15, 16
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## III. 乳房全切除後重建手術 (Post-mastectomy reconstruction)

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>III.1 Consideration of immediate one or two stage implant-based breast reconstruction</b>					
<b>III.1.1.</b> All women who have a mastectomy should be counseled on their options for breast reconstruction, including implant-based or autologous breast reconstruction.	2b	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 88% Disagree: 4% No comment: 9% Abstain: 0%	1
<b>III.1.2.</b> Direct-to-implant reconstruction is indicated for patients with small-to-moderate-sized breasts, relatively symmetric breasts, who desire to stay approximately the same breast size.	2b	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 89% Disagree: 5% No comment: 5% Abstain: 0%	1,2
<b>III.1.3.</b> Two stage (Tissue expander/implant, TE) reconstruction is indicated for patients with significant size changes, asymmetry, inadequacy of skin envelope or vascularity of the skin is uncertain.	2b	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	1,2

### References

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2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>III.2.1.</b> Post mastectomy radiation (PMRT) is not contraindicated for implant reconstruction, but it introduces significant risk for implant failure and complications. Autologous reconstruction is recommended if PMRT indicated.	2a	++	Agree: 81% Disagree: 7% No comment: 11% Abstain: 0%	Agree: 73% Disagree: 10% No comment: 17% Abstain: 0%	1,3
<b>III.2.2.</b> If PMRT is required with two stage implant reconstruction, compared to permanent implant, radiation to TE may result in a favorable aesthetic result, lower rate of capsular contracture but higher implant loss. SDM is important.	2b	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 86% Disagree: 2% No comment: 12% Abstain: 0%	4,5,6,7
<b>III.2.3.</b> If PMRT is required for patients with direct-to-implant, higher risk of capsular contracture and other complications should be informed, although long-term follow up data of cosmetic outcomes is missing.	2b	+	Agree: 92% Disagree: 0% No comment: 4% Abstain: 4%	Agree: 89% Disagree: 0% No comment: 11% Abstain: 0%	8
<b>III.2.4.</b> Previous radiation introduces significant risks for implant failure and complications though incidence varies widely across institutions, autologous reconstruction is recommended.	2a	++	Agree: 92% Disagree: 4% No comment: 4% Abstain: 0%	Agree: 77% Disagree: 9% No comment: 14% Abstain: 0%	1,2,3

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2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
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### III.3 Current consensus of surgical plane in implant-based breast reconstruction

III.3.1. Prepectoral implant - based breast reconstruction is a good alternative to subpectoral implant- based, if patients do not have comorbidities, such as DM, smoker, and previous radiotherapy.	2a	++	Agree: 81% Disagree: 0% No comment: 15% Abstain: 4%	Agree: 74% Disagree: 2% No comment: 25% Abstain: 0%	1,2, 3,4, 5,6, 7
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2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>III.4 Considerations of different types of implant choices (surface, contents, shapes)</b>					
<b>III.4.1.</b> Patients with texture implants tend to have lower rates of capsular contracture.	1a	++	Agree: 83% Disagree: 0% No comment: 8% Abstain: 8%	Agree: 78% Disagree: 0% No comment: 16% Abstain: 6%	1
<b>III.4.2.</b> There is no difference seen between round and shaped implants including rippling, overall satisfaction with breast and outcome.	2c	+	Agree: 71% Disagree: 0% No comment: 14% Abstain: 14%	Agree: 76% Disagree: 2% No comment: 14% Abstain: 8%	2

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2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>III.5 Considerations of breast implant safety</b>					
<b>III.5.1.</b> Patients should be informed there exists an association between certain types of breast implants and breast implant-associated anaplastic large cell lymphoma (BIA-ALCL). The risk appears to vary based on the method of texturing.	3b	+	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 96% Disagree: 2% No comment: 2% Abstain: 0%	1
<b>III.5.2.</b> Patients with implant-based breast reconstruction should receive regular MRI or ultrasound follow up to rule out possible micro-leakage or implant rupture.	1a	++	Agree: 96% Disagree: 0% No comment: 4% Abstain: 0%	Agree: 94% Disagree: 4% No comment: 2% Abstain: 0%	2,3

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2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>III.6.1.</b> Using intravenous antibiotic prophylaxis at the time of anesthetic induction could prevent implant-associated infection.	1a	++	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	Agree: 100% Disagree: 0% No comment: 0% Abstain: 0%	1,2
<b>III.6.2.</b> Performing pocket irrigation with antibiotic solution or dilute betadine could reduce implant-associated infection.	2b	++	Agree: 64% Disagree: 0% No comment: 32% Abstain: 5%	Agree: 70% Disagree: 13% No comment: 16% Abstain: 2%	3,4
<b>III.6.3.</b> Using postoperative prophylactic antibiotic may also prevent infection. However, the duration of postoperative prophylactic antibiotics is controversial.	1b	++	Agree: 91% Disagree: 0% No comment: 9% Abstain: 0%	Agree: 83% Disagree: 6% No comment: 11% Abstain: 0%	5,6, 7,8, 9

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## IV. 超音波導引真空抽吸輔助乳房 腫瘤切片及切除手術

(Vacuum-assisted breast biopsy excision, VAB)

2022 Consensus Statement	Oxford Level of Evidence	Level of Recommendation	Expert consensus	Member consensus	Ref.
<b>IV.1 General and indication</b>					
<b>IV.1.1.</b> Vacuum-assisted breast biopsy (VABB) improves the accuracy rate of tissue diagnosis improving diagnosis.	2a	++	Agree: 80% Disagree: 0% No comment: 20% Abstain: 0%	Agree: 88% Disagree: 2% No comment: 8% Abstain: 2%	
<b>IV.1.2.</b> Vacuum-assisted excision(VAE) is an alternative option for benign breast tumor surgery (if indicated)	2a	++	Agree: 84% Disagree: 0% No comment: 12% Abstain: 4%	Agree: 91% Disagree: 0% No comment: 6% Abstain: 2%	
<b>IV.1.3.</b> Vacuum-assisted breast biopsy is a suitable procedure for microcalcifications by stereotactic device and/or ultrasound.	2a	++	Agree: 96% Disagree: 0% No comment: 0% Abstain: 4%	Agree: 86% Disagree: 0% No comment: 12% Abstain: 2%	
<b>IV.2 Post-VAB</b>					
<b>IV.2.1.</b> Open surgery is the recommended management for pathological proved atypical ductal hyperplasia after vacuumassisted breast biopsy , except special consideration.	2a	++	Agree: 89% Disagree: 0% No comment: 7% Abstain: 4%	Agree: 84% Disagree: 8% No comment: 6% Abstain: 2%	
<b>IV.2.2.</b> Vacuum-assisted breast biopsy is oncological safety and less likely with tumor seeding.	3a	++	Agree: 72% Disagree: 4% No comment: 16% Abstain: 8%	Agree: 88% Disagree: 0% No comment: 10% Abstain: 2%	

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